

MARCH Belt Contents

- Tailored for each mission factors (# medics on target, HAF vs GAF)
- Carrying CSAR specific AND med gear is heavier on target. ...PT is the solution!
- Good for in the stack, assaults / on the X care
- **Not meant to replace CSAR ruck for Rescue Missions or care in a CCP**
- Easy to take on and off in and around cramped vehicles.
- Belt routed through pouches and used with tubular nylon as improvised harness, allows for patient access and med care without med ruck on back
- If not used with suspenders you turn the belt to put the pouch in front of your belly to treat out of the pouch

NOTE

- Always remember:
- On the X you need to control hemorrhage and open the airway (M & A).
- You can always use your pants pockets for these instead of MARCH belt depending on how dynamic your actions are
- Other maneuvers in R and C are dependent on time and tactics

MARCH Belt



M-BLEEDING

- Trauma shears (spare to trauma shears and rescue hook on kit)
- 8X hemostatic gauze
- 3-4 extra tourniquets
- Consider rubber tube/ RATS TQ if concern for pediatric patients, otherwise use cravat for peds
- 6 x cravats or other wraps of choice (Coban or ACE wraps, etc)
- 1X pressure dressing- israeli type
- 2x gloves

A/R-AIRWAY/RESPIRATION

- 2X NPA with surgical lube
- 2x cric kits
- 4X HALO chest seals
- 4X 14 gauge needles w/alcohol pads taped
- 2X SPO2 monitor
- SGA (prefer I-gel)- optional
- Sterile gloves/ scalpel/ kelly clamp- for finger thoracostomy
- Optional: Lidocaine and 5cc syringe with 21 ga needle for thoracostomy

MASCAL/Admin

- 10 X patient treatment cards with attachment
- 10 small IR ChemLights
- 3X Red, 3X Blue, 3X Green ChemLights
- 2x Permanent markers
- 1X red smoke
- Mission dependent- other items
- Patrol meds can go here if desired and C pouch has fluid
- Duct tape on pencil or tongue blade (reduced space)
- Option to add small space blanket

R- BVM

- BVM
- Option is to leave BVM and take Nu Mask only for on the X for assisted ventilations (can then pack 4 more pressure dressings, Israeli type)
- Then can use this pouch for the Narc Box

CIRCULATION-MEDS

- 2 X manual IO (adult size)
- 2X IV start kits. 2 x 16 ga, 2 x 14 ga
- 2X 1GM Invanz w/IM needles
- 3X combat pill packs
- 1X 500 ml Hextend (replaced by FDP when available, or 3% saline) with tubing, saline lock, etc.
- 2X TXA in small pelican case (or in assault ruck)
- Option to carry small patrol medicine box (Diphenhydramine, Zofran ODT, Loperamide, Epi 1:1,000, Dexamethasone, Zantac, Ketorolac)

Narcotics (by vial)

- 2X 500 ml Ketamine
- 2 X Versed
- 1X IV Fentanyl
- 1x Narcan
- 4 X OTFC worn in left shoulder pocket 800mcg each
- 6-10 x Syringes, needles
- 10 x alcohol pads (use for vial and skin if able)

Assault pack



- ROPE KIT
- NARCS
- TUBULAR NYLON
LITTERS/ HARNESSES
- FREEZE DRIED PLASMA
or BLOOD
- WATER/CHOW
- CRASH AXE

Assault Pack

- Freeze Dried Plasma in place of Hextend when available
- Tubular nylon for litters/harnesses
- Crash axe, rescue gear msn dependent
- Other marking items
- Chow (bars x 2-4/ gels x 4) /Water
- Binos , camo netting etc. PRN